

Charleston Allergy & Asthma

WHAT TO EXPECT AT YOUR FIRST VISIT

Your allergy evaluation will consist of two separate appointments. Your first visit will be a history and physical with the doctor, skin testing, ordering labs and x-rays if needed, and medications, if ordered. You will return for a summary conference on a later date to discuss the results and treatment after all test results are compiled.

MEDICATIONS THAT INTERFERE WITH ALLERGY SKIN TESTING

In order to ensure the most valid results of your allergy work-up, we request that you refrain from taking the following medications during the period indicated.

*****Do not take any antihistamines or cold preparations
5 - 7 days prior to your appointment. *****

There are many drugs, which include antihistamines. Some of the more common ones are:

Alavert	Desloratadine	Pataday Eye Drop-24Hr
Alaway Eye Drop	Dimetapp	Patanase Nasal Spray*
Allegra	Diphenhydramine	Patanol Eye Drop
Alka-Seltzer Cold	Dramamine	Periactin
Astelin Nasal Spray*	Dristan	Phenergan
Astepro Nasal Spray*	Drixoral	Pheniramine
Atarax*	Dymista*	Promethazine
Atrohist	Elestat Eye Drop	Pyribenzamine (PBZ)
Azelastine*	Epinastine Eye Drop	Ru-Tuss
Benadryl	Fexofenadine	Rynatan
Bepreve Eye Drops	Hydroxyzine*	Semprex D
Bromfed	Histex	Tavist
Brompheniramine	Ketotifen Eye Drop	Tanafed DP
Cetirizine*	Levocetirizine	Tanafed DMX
Chlorpheniramine	Lodrane	Triaminic
Chlor-Trimeton (CTM)	Loratadine	Tussionex
Clarinox	Mescolor	Tylenol Cold/Allergy
Claritin	Motrin PM	Tylenol PM
Comhist	Naldecon	Vistaril*
Comtrex	NyQuil	Xyzal
Contact	Olopatidine	Zaditor Eye Drop
Cyproheptadine	Optivar Eye Drop	Zyrtec*
Deconamine	Ornade	
	Pannaz	

***Astelin, Astepro, Atarax, Azelastine, Cetirizine, Dymista, Hydroxyzine,
Patanase Nasal Spray, Vistaril, and Zyrtec:
DO NOT TAKE FOR SEVEN DAYS PRIOR TO YOUR APPOINTMENT.**

Certain Antidepressants and Anti-Anxiety Medications may interfere with skin testing results and should only be discontinued for 5-7 days prior to testing **if instructed by the prescribing doctor:**

Amitriptyline (Elavil)	Imipramine (Tofranil)	Trazadone
Amoxapine	Maprotiline	Trimipramine (Surmontil)
Clomipramine	Nortriptyline	Seroquel
Desipramine	Norpramin	Sinequan
Doxepin	Protriptyline (Vivactil)	

Medications that do not interfere with skin testing and may be continued:

All Asthma inhalers
Ambien
Antibiotics
Anticonvulsants
Arthritis medications
Cardiac medications
Cholesterol medications
Diabetes medications
Dextromethorphan cough medications (e.g. Delsym)
Glaucoma Eye Drops
Guafenesin (Mucinex)
High blood pressure medications
Lotemax Eye Drops
Lunesta
Medrol, Methylprednisolone, Prednisolone, Prednisone
Montelukast (Singulair)
Phenylephrine, Pseudoephedrine decongestants
Steroid Nasal Sprays (Fluticasone, Flonase, Nasacort AQ, Nasonex, Omnaris, Qnasl Rhinocort, Triamcinalone, Veramyst, Zetonna)
Stomach acid reducers (Aciphex, Nexium, Prevacid, Prilosec, Protonix, Omeprazole)
Thyroid medications

Antianxiety and Antidepressants that do not interfere and do not need to be stopped:

Ativan	Escitalopram	Sertraline
Bupropion	Fluoxetine	Valium
Celexa	Lexapro	Wellbutrin
Citalopram	Paxil	Xanax
Effexor	Prozac	Zoloft

If you have any questions about the possible effects of any medication that you are presently taking that is not listed, please do not hesitate to call our office before your visit.